

# Chin Implant

Chin reduction or augmentation surgery involves re-shaping the chin either by removing chin bone or building the chin and jaw using a semi-solid material implant to mimic chin tissue.

## How does it work?

Chin reduction surgery requires the surgeon to make an incision either in the base of the mouth between the gum and lower lip or underneath the chin, exposing the chin and jawbones. The bone is then reworked, either through repositioning, removal or sculpting, before the incision is closed. If incision takes place through the mouth, no scarring will be visible. Likewise, chin augmentation surgery involves an incision in the base of the mouth or underneath the chin.

The chin tissue and skin are stretched to create a pocket into which an implant can be placed. Once satisfactorily positioned, the incision is closed.

## How long does surgery take?

Depending upon the amount of work required, surgery will take between 1 – 3 hours to complete. A general anaesthetic is normally required along with an overnight stay in hospital.

## What is the recovery time?

A full recovery takes between 6 – 8 weeks, although normal activities can resume in as little as 5 – 10 days.

## How long will it last?

Both procedures are considered permanent.

## Are there any side effects?

Bruising and swelling of the jaw, neck and lower cheeks is to be expected following surgery, as is nausea resulting from the general anaesthetic. Chewing and maybe swallowing will be difficult in the first few days following surgery so a light diet with plenty of liquid should be consumed during this period. Talking and yawning could also be problematic at first.